

# Our Creatives And Guest Professionals

**MONDAY 25TH –  
FRIDAY 29TH JULY**

Parkstone Baptist Church Hall,  
11 Loch Road, Parkstone BH14 9EX

## SHANE

### The Art of Clowning, Scripted Performances, Acting For Camera

Shane is a London-based Actor and Graduate from the prestigious Mountview Academy in London - specialising in stage, screen and physical theatre. He has toured with the University of Minnesota and is heavily involved in TV, play and screen work. More recently, he acted in a documentary film, narrated by Maxine Peake (as featured in Equity Magazine). He is represented by Narrow Road Commercial in London and recently Directed and Produced the play 'Attempts on her Life' in London.

## LAURA

### DDMIX, Irish Dancing, Audition Technique

Laura brings with her a wealth of experience from her professional training with the Royal Academy of Dance in London, having graduated from the Academy with BA (Hons) in Ballet Education. She has many years experience delivering ballet and dance training to boys and girls of all ages; preparing students for professional examinations.

Miss Laura is also a qualified member of the Diverse Dance Mix, having trained alongside Darcey Bussell.

## LAUREN

### Glee-tastic, Pitch Perfect

Lauren trained at the Urdang Academy in London and has performed professionally since the age of six. Roles include Dorothy in a UK tour of Wizard of Oz, Rapunzel in Into The Woods, Catherine in Pippin, Lily St Regis in Annie! and Eve in Children of Eden. More recently she sang for several years with the West End Gospel Choir and has performed as a soloist at Ronnie Scott's Jazz Club, before jetting off to Egypt's Sharm-El-Sheikh to work as the headline singer in a 5\* venue. Alongside these credits she also wrote and directed a musical, Nursery Crimes (nominated Best Off-West End Musical for the What's-on-stage Awards).

## SALLY MCGRAW

### Sit Coms

Sally is a qualified Drama teacher with a Masters degree in Performance Studies. She has taught Performing Arts for over twenty years in schools around the country (GCSE, BTEC and A Level), with a focus on the exploration of themes and issues through role-play and improvised Drama. In addition, Sally has directed and produced nineteen extra-curricular productions and numerous projects and events showcasing student talent.

## KIM

### Gospel Singing, Pop Idols

Kim has a BSc (Hons) in Speech and Language Sciences and trained with the Estill Voice Training Programme, where she worked with some of the top voice teachers in the country. She completed a Musical Theatre Diploma Course at City Lit and holds a DipLCM in Musical Theatre and an ATCL (distinction) in Music Theatre Performance. She began teaching in London in 2007 and has worked for East 15 Acting School, Italia Conti Associates, The Courage To Sing (based at Pineapple Studios), Spotlites Theatre Company and many other theatre schools.

## CHELSEA

### Stage Make-up

An enthusiastic make-up artistic currently attending Bournemouth University, Chelsea was most recently commissioned to work on all the main characters in the Lion, the Witch and the Wardrobe at the Lighthouse Poole!

## JESSICA

### Bob Fosse

Jessica Sidwick is an experienced teacher and freelance choreographer; and is D.D.I qualified with the Imperial Society of Teachers of Dance! She has vast experience working on shows, festivals, weddings and is extremely enthusiastic for up and coming talent

## MELISSA

### Movie Magic, The Voice

Melissa is an accomplished singer/performer and songwriter; who trained professionally in London. She has performed at BT London Live with Pineapple Dance Studios and has had her own music played on Radio1 Xtra with DJ Target!

## JUSTINE

### African Dance

Justine is an experienced dancer, with a BA Honours Degree in Dance, training in Contemporary, African and Ballet as well as experience working alongside artists, professional companies and showcasing work. Performing, teaching and choreographing for a variety of events, festivals and students of all ages is a passion and pure enjoyment for Justine, sharing the vibe and experiences with another's. Justine is influenced by grounded African dance expression, celebration of culture and music through to the freedom of Contemporary Dance.

## ASH

### Street/Break Dancing

Ash is an accredited independent street dance teacher. He is the UK Street Dance Champion and his crew are the UK street dance champions. He has worked with Flawless and Diversity and has performed with George Sampson and MTV's Americas best dance crew Poreotic. He has performed in front of the Queen and at Wembley Arena and has represented the UK in competitions from Denmark to Brazil.

## LORNA

### Broadway Spectacular, Contemporary Dance

Lorna began her professional career in DisneyLand Paris starring in Fantalusion, Once upon a Dream & Sleeping Beauty. She then moved to New York where her credits include Fame, Anything Goes and Me and My Girl. She has danced on Strictly Come Dancing with Jessie J, and the show Viva Las Vegas. Lorna has also worked on feature films, was the official appointed choreographer for Miss Hampshire 2014, Miss Dorset 2014 and Miss Galaxy Universe 2014 and has just wrapped a commercial for LV.

## GEMMA

### Bollywood Dance

Gemma Olding trained with the Royal Ballet as a Junior Associate and graduated with a Triple Distinction in Contemporary Dance and Choreography. She has extensive experience training students in all forms of dance and has choreographic merits for large-scale shows.

## KELLY ANN

### Commercials

Kelly Ann has been performing since the age of 4. She has a BA Hons in Performing Arts-Drama and attended the prestigious Royal School of Dramatic Art (RESAD) in Madrid. She is CELTA qualified and has performed in various languages. Kelly Ann has been a Teacher for 20 years, including a specialist in Drama, and sings with Questa Voce who will be performing Legally Blonde with BBLOC this July. Kelly Ann also recently trained as a Psychotherapist and sings for weddings and functions as an opera singer.

[www.centrestagedance.org](http://www.centrestagedance.org)

[enquiries@centrestagedance.org](mailto:enquiries@centrestagedance.org)

PRINCIPAL: ZOË MATHER BA (HONS) FIRST CLASS RAD:CBTS (RTS), AISTD:RTS (ADV)

01202 733 231



# Summer School



5 days of Industry professional led workshops with Centre Stage



**£25**  
(PER DAY)

This year, Centre Stage is really excited to offer a unique summer camp experience for 6 to 13 year olds. Fill the holidays with five days of industry professional led workshops as Centre Stage offers individual days with artist-led activities tailored to the appropriate age groups (Juniors 6-8 & Seniors 9-13).

Each day is themed with a guest expert running workshops, so you can pick and choose your days without committing to the whole week. Meet new friends with similar interests, experience dynamic workshops by visiting professionals, learn new skills and – most of all – HAVE FUN!

## FUN FOR 6 – 13 YEAR OLDS

### SENIOR SUMMER SCHOOL

Monday 25th – Friday 29th July

9am - 4pm

Parkstone Baptist Church Hall,  
11 Loch Road, Parkstone BH14 9EX

£25 per day  
or £125 for the five days inclusive

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# JUNIOR PROGRAMME (AGE 6-8)

	MORNING WARM-UP	MORNING	AFTERNOON
<b>Mon</b>	DDMIX - ROCKY	THE ART OF CLOWNING PITCH-PERFECT	STAGE MAKE-UP BOLLYWOOD DANCE
<b>Tue</b>	DDMIX - FLAMENCO	BROADWAY SPECTACULAR GOSPEL SOUL SINGING	CONTEMPORARY DANCE SIT-COMS
<b>Wed</b>	DDMIX - CHARLSTON	GLEE-TASTIC SCRIPTED PERFORMANCE	STREET/BREAK DANCING THE VOICE
<b>Thu</b>	DDMIX - ARABIAN	MOVIE MAGIC AFRICAN DANCE	AUDITION TECHNIQUE ACTING FOR CAMERA
<b>Fri</b>	DDMIX - VOGUE	IRISH DANCE COMMERCIALS	BOB FOSSE POP IDOLS

# SENIOR PROGRAMME (AGE 9-13)

	MORNING WARM-UP	MORNING	AFTERNOON
<b>Mon</b>	DDMIX - ROCKY	PITCH-PERFECT THE ART OF CLOWNING	BOLLYWOOD DANCE STAGE MAKE-UP
<b>Tue</b>	DDMIX - FLAMENCO	GOSPEL SOUL SINGING BROADWAY SPECTACULAR	SIT-COMS CONTEMPORARY DANCE
<b>Wed</b>	DDMIX - CHARLSTON	SCRIPTED PERFORMANCE GLEE-TASTIC	THE VOICE STREET/BREAK DANCING
<b>Thu</b>	DDMIX - ARABIAN	AFRICAN DANCE MOVIE MAGIC	ACTING FOR CAMERA AUDITION TECHNIQUE
<b>Fri</b>	DDMIX - VOGUE	COMMERCIALS IRISH	POP IDOLS BOB FOSSE

Each age group will participate in the same workshops at different times, but workshops will be tailored to suit the appropriate age group.

## Yes please, I would like to attend Summer School

Your child's age will determine which programme they will attend, so please make sure you select carefully.

Your Name

Mobile / Landline

Email

The price is £25 per day or £125 for the five days inclusive\* fill/delete as applicable (\*Please note Childcare vouchers are accepted):

I enclose payment of £  for  day/s or

I have arranged payment by BACS of £  for  day/s

Payment is by cheque to **Centre Stage Ltd**  
or by BACS - Barclays Sort Code **20-68-79** Account **93578194**

Please post your completed booking form with payment to:  
**Centre Stage Office, 121 Commercial Road Ashley Cross Poole BH14 0JD**

Name of First Child

Age

Chosen Days for First Child

Mon  Tue  Wed  Thu  Fri

Name of Second Child

Age

Chosen Days for First Child

Mon  Tue  Wed  Thu  Fri

**Closing date for confirming attendance and receiving payment is Saturday 2nd July 2016.**

## Acting for Camera

Acting for camera requires a subtle approach when compared to stage performance and Musical Theatre. This workshop will help students to focus on naturalistic skill – working with acting techniques, scripts and the chance to perform in front of a camera.

## African

A high energy dance workshop in an upbeat and friendly environment. Learn the traditional West African dance techniques as well as grooving to afro beats. Be ready for fun, sweat and cheers!

## Audition Technique

A workshop focused on giving students expert advice on audition technique, preparation and mental approach. Excellent for confidence and self-esteem building! Workshop will end in a fun audition with prizes for all!

## Bob Fosse

If you love to finger click, hip roll and dance to the beat, then welcome to the world of Fosse! Students will learn the unique, isolated, sensual style of jazz and create movements and patterns to an upbeat current song. This is a definite fast paced, fun dance style to learn!

## Bollywood

Capture your children's imagination with our Bollywood workshop. Popular with both boys and girls, this high energy and expressive form of dance is suitable for children of all abilities. Your children will be enchanted by the graceful movements used in traditional Indian dances, and thrilled by the upbeat, modern Bollywood style of dance.

## Broadway Spectacular

A masterclass on the dance of Broadway. Think high kicks, glittery costumes and big smiles. It is a fun filled master class, learning new skills and gaining confidence.

## Clowning

Clowning is a fun and challenging art form – it requires wit, physical skill, comic timing and human understanding. This workshop introduces students to basic clowning techniques and exercises, structured to be inclusive and enjoyable for all levels.

## Contemporary Dance

A dance master class focusing on contemporary dance art form. Learning contact exercises and short phrases using elaborative material – expressive and stylized and excellent for strength and coordination.

## DDMIX Warm-Ups

DDMIX (Diverse Dance Mix) is a new dance based exercise programme, created by Darcey Bussell, to get you moving and active whilst experiencing a broad range of dancing cultures from around the world such as Flamenco, Greek, Bollywood and much more!

## Glee-tastic

A high-energy session where the students create a Centre Stage "Show Choir" and learn and stage a song from the hit TV show 'Glee'.

## Gospel Soul Singing

A chance to explore the uplifting style of Gospel music in a fun, fast-paced group workshop. Learning how to work together as a choir "Sister Act" style! Explore elements of gospel singing, such as call and response, harmonies and improvisation!

## Irish Dance

A fun introduction to Irish dancing – a unique style popularised by Riverdance.

## Movie Magic

Learn songs from the best movies of all time – explore music from High School Musical, Sound of Music, Rocky, Grease, Oliver to name a few! Explore performance technique and theatrical performance required for the screen!

## Pitch-Perfect

Come and join this "aca-mazing" workshop, inspired by the film Pitch Perfect. Sing in close harmony, use your voice to create different styles and instruments, and put together an incredible A Capella medley. (Cups will be provided....!)

## Pop Idols

Ever wanted to perform like your favourite pop stars? Here's your chance! Learn songs by some of the biggest artists in the charts and explore mic technique, vocal skills, and how to interpret a song in your own unique style. There will also be a chance to work in small groups to create the ultimate pop performance by the end of the session!

## Scripted Performance

This workshop introduces students to a wide range of performance skills that are essential for professional actors. Including sight-reading, stage direction, projection and characterisation, students will be using a theatre scripts to hone their rehearsal and performance skills.

## Sit-Coms

After warming-up with spontaneous improvisation and group dynamics, we will use 'Outnumbered' as a template, to create some characters with a simple back-history, quirks and relationship links. In addition, we'll play with the Mike Leigh improvise, develop and create method to enable everybody to develop successful, three dimensional characters with lively, natural interaction.

## Street/Break Dance

Upbeat and energized workshop, exploring the foundations of break dance and street! Styles such as - popping, locking, hip-hop and house will be learnt, ending in a diverse routine!

## Theatre Make-Up

Hands on workshop teaching the art of animal make-up, ageing make-up and stage make-up. Speedy applications for quick changes in the industry will also be explored.

## The Voice

An exciting workshop, based on the TV hit show! Students will explore their voices, singing to a broad repertoire of songs; with a sitting panel of 'student judges'. Students will learn how to identify parts of the voice and the performance quality they create.

## 5% RECOMMEND A FRIEND DISCOUNT FOR SUMMER SCHOOL

If you pass details of our Summer School to a friend and they sign up (and let us know you recommended), then we'll give you 5% off your Summer School fees.

